843 ● 538 when in child-birth there is delay in delivery it is said of the woman "*Akholowe*," "she is stuck," from *ku-kolowa* "to be suspended, to be caught by a thorn"; *wajoje*, well dressed, is a slang exclamation meaning "everything, everything is out!" The verse refers, of course, as all obstetricians will recognise, to the moment of crowning of the oncoming head during parturition when it appears to be stuck; then suddenly it slips over the perineum and "everything, everything is out."

843 533 The *nakanga* now gives way to the songs of the other women. In different districts different versions of the songs are sung, but the other women will quickly pick up the refrain of the song sung by a woman who has come in from some distance.

843 After these songs, the *nakanga* instructs the woman and her husband in the care they must take until after the child is born. Macdonald says, speaking of the instructions "but of the quality, we prefer to be silent." [1] What a pity he allows no one else to judge!

The woman is especially cautioned against sitting with her legs crossed; they must be kept apart lest the child in her womb be suffocated. She is also told many useful things concerning her pregnancy and confinement. The husband is cautioned to cease intercourse with his wife or if he has intercourse, his wife may not lie on her back, lest the child be injured.

[751] While this instruction is going on, all the assembled women cook and eat the feast which has been made for them. When all has been said, the *nakanga* anoints the man with castor oil, which has in the meantime been warmed, and ties round the neck of the woman the *litiwo*, a cord made of plaited bark-cloth with a tassel in front; at the base of the tassel white beads are strung for good luck, and at the end of the tassel, red beads are affixed, having symbolic reference to the haemorrhage at the time of childbirth. The woman wears only a strip of calico of two hands breadth called *mleta*. She is anointed on the head, body, and limbs.

The tying of the *litiwo* is the sign for dancing to begin. It is a dance in which women try to excel one another. They come with all their tattoo marks on buttocks, thighs, and abdomen renovated; they wear diaper-fashion a narrow strip of cloth, always black in color, and round their bodies numerous strings of beads. With the beginning of the dancing, their other clothes are thrown off and practically naked, they vie with one other in exhibiting their charms and skill in dancing, which afterwards becomes the subject of much discussion among the women onlookers. "So and so is really too old and skinny for such exhibition," and "So and so has buttocks as flat as a wall," while "Such and such a one is fat and beautiful and dances wonderfully, with such *sbundos*," etc. In front of the woman [431] is set a wooden plate, in front of the man a mat, and on these are thrown donations by the dancers and onlookers, consisting of beads etc., or nowadays pennies and small silver coins to help to pay the expenses of the entertainment and, in the woman's case, to buy medicine which may be necessary should the baby fall ill. When the wedded couple are

[1] *Africana*, op. cit., vol. 1, p. 129.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

643 ivory by his own hunting parties or as a kind of tithe on other hunting expeditions. The ground tusk, i.e. the tusk on the side on which the elephant falls when killed, was the chief's share. In the same way, the hind leg on the ground side of any game animal killed was sent to the chief. He took a share of the spoils of war and most of his people yearly gave him either service in building houses, etc., or kind in the form of food-stuffs, but he enforced no service and levied no tax, except for the making of a new burial place.[1] New settlers in his village were expected to invite him to drink beer made with their first crops.

In return, he always provided cloth to invest the body of the dead. He also made presents at the time of *Unyago*.[2]

A chief's life, therefore, may not be "all beer and skittles," though he consumes a good deal of the former and a kind of skittles[3] was a favorite pastime of one of the Malemyas. A saying embodying this idea was used when pleading for a man who had [538] committed adultery with his chief's wife "one who carries a tortoise (on a string over his back) is likely to get his clothes soiled"; a man has to put up with the troubles his belongings bring him. So a chief must bear with his own people who do wrong.

643 Ample opportunity for exercising such forbearance was provided, since the chief was formerly the adjudicator of all disputes and dispenser of justice in all crimes. The headman 692 did the same in a smaller way but appeal could always be made to the chief. Cases were heard by the chief sitting in council. He and his headmen and elders would assemble in the village open space and here cases were stated, often at great length.

Each party to the case would employ some man well known for his powers of oratory as leading counsel. The speaker for the plaintiff would start proceedings by a recital of all the evidence he could collect. After him would follow innumerable speakers, whether actual witnesses or not, each telling as good a story as he could, and the defendant's case would then be put by his representatives. There was no cross-examination but at the end, a summary was made and judgment given. A chief often took the advice of some one of his old men whom he trusted.[4] The chief received no payment for his services, except in the case of murder; neither did the "counsel" receive anything for their efforts.

674 **Crimes.** Causing the death of a person by witch medicine, *usuwi*, was the most heinous [754] crime; a *mwavi* ordeal might be held, but if the offense was proved, burning was the punishment which usually followed.

[684] The offense second in gravity was adultery. This might be expiated by payment or by death, according to the circumstances under which it occurred; mutilation was often [696] performed in the case of a chief's wife. All death sentences with the exception of those

[1] Vide supra, p. 244. [2] Vide supra, pp. 248, 264. [3] Vide infra, p. 280.

[4] The old Malemya (Nahutumbo) has some very fine men among his counselors. Kumtupa and Chimpila, the latter renowned for his oratory, were his chief advisers in legal matters. Ndaleka, a slave, was his mentor in all personal and family affairs, while Chakazongo was in charge of all ceremonies and served with his assistant, Mpanje, as high priest on all occasions of intercession. Others acted as his emissaries, such as Mkopiti who always went on any missions to the Angoni, among whom he was known as Ndonjiro.